



HIV Pharmacy Association Study Day 21st September 2017

Venue: Pullman Hotel, Euston Road, London NW1 2AJ

This study day will be streamed live using WebEx. The link will be sent to HIVPA members before the day.

NB: Please note HIV Pharmacy Association cannot be held responsible for individual issues that may be experienced as part of the WebEx web streaming function, such issues may be related to individual browsers.

Also note HIV Pharmacy Association are dedicated to ensuring professional education and training opportunities for members and delegates but are not responsible for the content of presentations and other information supplied by individual speakers and/or organisations.

Public Health and the Role of the Pharmacist including vaccines, travel and PrEP

Programme

09.00- 09.20 Arrival and registration

09.20- 10.20 Session 1: David Stuart, Substance Use Lead, GUM/HIV, Dean Street Wellbeing Programme Curator, 56 Dean Street, Chelsea & Westminster Hospital NHS Foundation Trust

The Clinician's experience of PrEP

Key objectives:

- To describe how the availability of PrEP is received by patients and how this has impacted on its uptake by patients
- To identify any concerns expressed by patients regarding taking PrEP and any associated implications
- To compare and contrast regular daily dosing vs. 'on-demand/event-based' dosing of PrEP in terms of patient preference, adherence and clinical efficacy
- To identify any concerns expressed by clinicians regarding offering PrEP to patients
- To cite any changes in patient behaviour and their risk-taking identified by clinicians offering PrEP

10.20-10.35 Coffee break

10.35-11.00 Industry update from MSD

11.00-12.00 Session 2: Nina Lenton, Specialist HIV Dietician, Imperial College Healthcare NHS Trust, St Mary's Hospital

HIV and dietary management

Key objectives:

- To explain the association between HIV, CV risk and weight
- To formulate an appropriate methodology to counsel and educate patients on CV risk and diet using appropriate terminology
- To identify community-based sources of support for weight management to which patients may be signposted
- To describe the evidence for, and potential risks of, prescription and OTC dietary supplements and weight loss aids, including B vitamins for PLWH

- To describe the evidence for, and experience in practice, of interactions between anti-retroviral therapy and dietary supplements and how these should be managed
- To recognize cultural and religious beliefs associated with nutrition and diet which may impact on adherence to anti-retroviral therapy e.g. fasting.

12.00-13.00 Session 3: Professor Martin Wiselka, Professor of Infectious Diseases, University Hospitals of Leicester NHS Trust

HIV and travel medicine

Key objectives:

- *To identify potential issues for those with a diagnosis of HIV associated with travelling overseas, including travel restrictions, travelling with anti-retroviral medication and crossing time-zones*
- *To cite the common infectious diseases to which PLWH may be susceptible when travelling overseas*
- *To explain the necessary considerations when planning overseas travel with regards to avoidance of infectious diseases, including malaria prophylaxis and vaccinations*
- *To list the pertinent questions to ask when assessing risk in order to appropriately advise on infectious disease prophylaxis*
- *To describe the 'red-flag' warning symptoms of infectious disease to be aware of on return from overseas travel and how these should be responded to.*

13.00-13.45 Lunch

13.45-14.15 Industry update from Janssen

14.15-15.15 Session 4: Dr Michael Brady, Clinical Lead for Sexual Health Services and Consultant in Sexual Health and HIV, Kings College Hospital, Clinical Lead of the South East London Sexual Health Network and Medical Director, Terrence Higgins Trust

HIV testing: Where are we in 2017?

Key objectives:

- *To describe some of the initiatives being implemented aimed at increasing choice and access to HIV testing and the rationale behind these*
- *To list the main drivers behind, and aims of, self-sampling*
- *To identify the main barriers to, and challenges presented by, increasing uptake of HIV testing in general, and more specifically, self-sampling*

15.15-15.30 Coffee break

15.30-16.00 Industry update from Gilead

16.00-17.00 Session 5: Dr Laura Waters, Consultant GU/HIV Medicine, Mortimer Market Centre, London

PrEP: The Story so far and looking to the future

Key objectives:

- To review the current situation with regards to the availability and funding of PrEP, including an update on the NHSE pilot examining how PrEP may be commissioned in the most clinically and cost-effective manner
- To describe the potential impact and role of PrEP in the future of HIV management and care
- To reflect upon the experience to date of the supply of PrEP from both a clinician's and patient's perspective.

17.00 Evaluation and feedback

NOTE: This Study Day is free to our members. If you are not a member then a payment of £15.00 is required at the time of booking. Please contact hivpaoffice@gmail.com for details of payment methods.

